

IPHJ Training and Technical Assistance Options

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Background

Louisiana State University Health Sciences Center- School of Public Health (LSUHSC SPH) and the Institute for Public Health and Justice (IPHJ), through several recent initiatives brings with it a wealth of developed training and technical assistance products, content expertise in several areas, and a proven track record for effectively gathering and reaching students and professionals with workforce development and continuing education opportunities. The IPHJ exists to advance both policy and practice regarding just, behavioral health systems for both youth and adults.

This document contains brief descriptions of an array of professional training and workforce development options created by the IPHJ team, often in collaboration with national experts, Foundations, and other Institutes or Centers. As noted below, additional training materials and presentations may be developed in line with the expertise of the IPHJ team.

Training Packages Targeting Specific Groups

Training packages are design to group several of the individual training programs listed below in order to offer a “training series” or “certificate program” for specific groups working with adolescents, behavioral issues (including mental health and substance abuse), families, and/or child serving systems and courts. These packages can be designed to meet the specific needs of the following groups:

- **General workforce employed to serve adolescents**
- **Juvenile justice workforce managing behavioral health and development issues of youth**
- **Criminal justice workforce managing young adult offenders, behavioral health and development issues**
- **Law enforcement working with youth in communities or in schools with mental health and substance abuse issues**
- **School counselors and behavioral health providers**
- **Adolescent substance abuse treatment providers**
- **Providers interested in learning the “trinity” of core components of researched driven practice and the foundation for most evidence based programs**

Professional Training & Development Options Ready for Dissemination

The following table offers a list of topics, a brief description of the training available, and the audiences with whom the materials are most applicable as written. These individual offerings are designed in a way to ease “packaging” them for a more intensive training series or certificate program for groups such as those referenced above.

Topic	Brief Description	Audience(s)
Abuse, Child Welfare & Juvenile Justice: Behavioral Problems & Psychosocial Developmental Considerations	This presentation examines the effects of abuse/neglect on children & families and the relationship of these with child welfare and juvenile delinquency. Issues and ideas for working with youth in foster care and juvenile justice systems are explored.	Child serving agencies and their staff.
Adolescent Development & the Impact of Adverse Childhood Experiences and Trauma on Developmental Trajectories	Increasingly, practitioners, policymakers, and consumers are recognizing several overlaps in child serving systems. The entry ways into these systems are often misunderstood characteristics of adolescent development; failure to recognize the impact of exposure to adverse childhood experiences on developmental pathways; and a lack in correctly addressing the impact of trauma in the lives of children. This presentation looks at the risk of normal adolescence, the added impact of abuse, neglect, and trauma and how these can often transform system's views of these kids.	Applicable to any child serving agency working with adolescents.
Adolescent Development and the Impact on Behavior	Participants learn the basics of brain development; understand the sequence of physical, emotional and cognitive development and the behaviors associated with each area; and the explore implications of "normal" adolescent development in several areas.	Applicable to any group working with adolescents.
Advanced Motivational Interviewing Training for Trainers	Participants critically evaluate organizational approaches to change; discuss how MI fits with a variety of intervention models; learn about the spirit, principles, and theory of MI; practice key MI skills; work through implementation issues and create a plan; demonstrate ability to do and train MI.	Train the trainers for those trained in the basics of MI and seeking to supervise, train, or simply advance their own skill level.
An Overview of Systems/Social Ecological Approach to Treatment	This social-ecological systems treatment workshop explores and demonstrates one of the principle researched methods for intervening with youth and families involved in behavioral health systems, including mentally ill and substance abusing youth; how all systems exist for a common purpose which can be a primary catalyst for change; and how to analyze behavior in the context of systems to deliver more effective interventions.	Clinicians, teachers, probation officers, and case managers working with youth and families.
CIT (Crisis Intervention Training) for School Resource Officers	Training examines roles and responsibilities of SROs in relation to other key stakeholders (teachers, administrators, family members, and students) and existing school policies that guide SRO interactions with youth. Skills to effectively approach and interact with youth with mental health and behavioral issues are demonstrated and practiced. The course promotes positive relations between youth and SROs and links to	School Resource Officers

	concepts related to adolescent development, mental illness, and de-escalation to encourage school safety, create a pro-social environment, and deter juvenile delinquency.	
Crisis Intervention Training for Working with Youth (CIT-Y)	This 8-hour curriculum is co-taught with a member of law enforcement and a mental health practitioner. The materials teach crisis response and diversion strategies to more effectively respond to calls involving youth with possible mental health problems—a group that has a very high prevalence in the justice system.	Law enforcement officers working with youth.
Delinquency Risk & Protective Factors including Gender and Sexual Orientation Considerations	This presentation explains the differences in risk and protective factors associated defined by research on male and female delinquents and examines the impact sexual orientation and sexual identity has on risk and outcomes for youth in the juvenile justice system.	Status offender and delinquency serving courts, detentions, facilities and probation offices.
Essential Elements of Cognitive Behavioral Therapy	This CBT workshop explores and demonstrates one of the most research backed methods for intervening with youth and families at risk or already involved in behavioral health systems; how all behavior (including delinquent behavior) serves a purpose for the client; how thinking drives feelings which in turn drives behavior; how to analyze behavior to deliver more effective targeted interventions; and how critical skills acquisition is to real behavioral change.	Clinicians, teachers, probation officers, and case managers working with youth and families.
Evidence Based Practices for Violence and Delinquency Risk Reduction	This is a general overview of evidence based practices that have been shown via research to reduce delinquency and violence, improve an array of life outcomes for youth and families, and offer a higher cost effectiveness when compared to treatment as usual or no treatment at all.	Anyone working with or having a stake in interventions for youth.
Functional Behavioral Analysis and Targeting Treatment	This presentation highlights a specific CBT based technique for assessing problematic behavior and targeting CBT methods of intervention based on critical components of the behavior’s function for the individual and/or their family.	Providers engaged in proving CBT based interventions.
Introduction to Evidence-Based Strategies & Community Services	This presentation overviews why EBPs are critical to the development community services to improve outcomes. Furthermore, it looks at “components” based on the research that are essential to improve outcomes where full implementation of EBPs may not be possible.	Providers Agency leadership Community planning entities Service contract monitors
Mental Health- The factors that keep us mentally healthy!	This presentation abandons the typically examination of mental illness and pathology for a look at what makes us thrive mentally, emotionally, and socially. Mental “Health” is a rapidly emerging field of public health care and focus on human strengths, supports	Behavioral health practitioners and care providers interested in a more strengths-based holistic approach to mental

	and resiliency. Learn about determinants of mental health and ways to assess this in both yourself and those you work with.	health.
Mental Health Training Curriculum for Juvenile Justice Workforce	MHTC-JJ is one day training focused on adolescent development, mental health disorders and treatment, the important role of families and practical strategies for engaging and interacting with youth. The training allows for the inclusion of site-specific information, case studies, and real-life examples that are relevant to the target audience and can be modified as needed to reflect the unique issues and challenges of a local jurisdiction or an individual training audience.	Detention, Residential, Probation, and Correctional facility front-line staff.
Models for a Just and Effective Response to Status Offenders	This presentation examines Louisiana data relevant to serving status offending youth, and provides a summary of national models of intervention with status offenders. Interventions include best practices in referral, immediate crisis response, screening, assessment, and provision of services when applicable.	Staff, providers, policy makers, and stakeholders working with status offending youth and their families.
Motivational Engagement	Motivational Interview (MI) and Motivational Enhancement Therapy (MET) are evidence-based methods for more effectively engaging youth and families that may be non-voluntary and/or resistance in behavior change, retention in services, and follow-up with recommendations.	Counselors Substance Abuse Treatment Staff Probation Officers Staff associated with Court Ordered Programs Case Managers Residential Facility Staff
Research Driven- Integrative Adolescent Substance Abuse Treatment	The workshop presents prevalence of substance abuse issues with particular focus on adolescent development, and increased prevalence in child welfare and juvenile justice systems; explores valid and reliable screening and assessment methods for the population; introduces the integrated approach of motivational interviewing, cognitive-behavioral therapy, and relapse prevention models done via a systems/social ecological approach as one of the more research driven approaches; and examines the role and effectiveness of drug courts and 12-step models in treating youth.	Adolescent and college student substance abuse treatment providers and case managers.
Screening and Assessment in the Juvenile Justice System	This presentation provides an overview of research driven screening and assessment practices in the JJS. Differences in screening and assessment are explained. Uses related to what information is needed from who, when, and for what decisions is discussed. Applied Louisiana examples are offered.	Staff, probation, providers, and court personnel that request, receive, and/or provide screening and assessment services for the JJS.
Structure Assessment of Violence Risk in Youth	This presentation introduces the usefulness of risk/needs assessments in the JJS and illustrates one instrument for providing such evaluations...the SAVRY.	Probation and court personnel using the SAVRY assessment.

	The research behind the SAVRY and the instrument itself are described. Proper uses and limitations are explained, including disposition recommendations, case planning, and court monitoring.	
Supervising MI Skills	The presentation overviews MI for supervisor and then expands supervisory skills, techniques and tools to use to build MI capacity and delivery with supervisees. Participants develop a plan for supervision.	MI supervisors.
Systems Change through the example of Juvenile Justice Reform at the Macro, Mezzo and Micro Levels	Examines systems policy and practice change through a social-ecological approach including points of intervention and prevention, defining the context of the problem and applicable interventions; identifying strategic points for intervention; organizing efforts at various levels effectively; using opportunities to address issues more collectively; and exploring root problem and strength areas throughout an environment. Uses the Louisiana juvenile justice reform as the case example.	Policy and practice professionals interested in systems change at a community, region, or state level.
The Louisiana Model for Developing Community Driven Evidence Based Practices	The presentation includes the background and overview of the tools developed in Louisiana to advance the adoption of EBPs via a community development model.	Providers Agency leadership Community planning entities Service contract monitors
Verbal De-Escalation and the Psychology of Behavior	Participants are offered an understanding of the nature of verbal and behavioral expression; recognize the continuum from anxiety to aggression and its predictive nature; and learn the stages of the continuum of escalation and parallel intervention techniques. Participants will connect behaviors with their predictive potential for violence; communicate verbally and non-verbally, the power of diffusing tension via listening and offering alternatives; and maintaining safety in crisis situations.	Any professionals working with individuals that are likely to become hostile, aggressive and/or violent.
Youth Violence risk and Intervention	This presentation examines youth violence which encompasses two of the top three causes of death for people in the U.S. age 10to 24. Facts of violence are examined along with gender differences and risk and protective factors. Research driven approaches to intervention are also offered.	Health, behavioral health, child serving agencies, and law enforcement audiences.